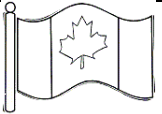


## JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<i>Mail delivery Monday to Friday each morning. Restorative exercises daily either in the a.m. or p.m. depending on programs in place. Always check to make sure there are no cancellations or changes at the last minute if planning to join us for a special program.</i>							
	<b>1</b> Men's Coffee – 9 a.m.  <b>Canada Day</b>	<b>2</b> 1-1 Visits Seniors Wellness Birthday Party with Doug French-2 p.m.	<b>3</b> 1-1 Visits Seniors Wellness Church Service/Communion with Rev. J. Hawkins – 10 a.m. Making Strawberry Jam—2 p.m.	<b>4</b> 1-1 Visits Seniors Wellness Residents' Council —2 p.m.	<b>5</b> 1-1 Visits Seniors Wellness Strengthening Class -10 a.m. Music Therapy with Dana & Karaoke at 2 p.m.	<b>6</b> Retro Showtime --2 p.m.	
<b>7</b> Gospel Music Video— 2 p.m.	<b>8</b> 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness—10 a.m. Bingo – 2 p.m.	<b>9</b> 1-1 Visits Seniors Wellness <b>Memorial Service for Mike Newton—2 p.m.</b> Markham Mennonite Choir – 7:15 p.m.	<b>10</b> 1-1 Visits Seniors Wellness Tic Tac Toe Exercises- 10 a.m. <b>Piano Recital with the Versteeg Sisters —2 p.m.</b>	<b>11</b> 1-1 Visits Seniors Wellness <b>Bus Outing to the Hawkins 10:30-2 pm</b>	<b>12</b> 1-1 Visits Seniors Wellness Strengthening Class -10 a.m. Outdoor Walks--2 p.m.	<b>13</b> Ice Cream Treats —2 p.m.	
<b>14</b> Gorrie Bible Fellowship – 2 p.m.	<b>15</b> 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness—10 a.m. Bingo – 2 p.m.	<b>16</b> 1-1 Visits Seniors Wellness Stories with Gail Clarkson —2 p.m.	<b>17</b> 1-1 Visits Seniors Wellness Music with Tonia-Joy Skipper—2 p.m.	<b>18</b> 1-1 Visits Seniors Wellness Howick Diners Movie—2:15 p.m.	<b>19</b> 1-1 Visits Seniors Wellness Strengthening Class -10 a.m. Ice Cream Parlor— 2 p.m.	<b>20</b> Patio Visits --2 p.m.	
<b>21</b> Gospel Music Video--2 p.m.	<b>22</b> 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness—10 a.m. Bingo – 2 p.m.	<b>23</b> 1-1 Visits Seniors Wellness Hymn Sing – 10 a.m. <b>Memorial Service for Don Brooks– 2 p.m.</b>	<b>24</b> 1-1 Visits Seniors Wellness Tic Tac Toe Exercises- 10 a.m. Trivia--2 p.m. <b>Campfire—6:45 p.m.</b>	<b>25</b> 1-1 Visits Seniors Wellness Crafty Corner --2 p.m.	-1 Visits Seniors Wellness Strengthening Class -10 a.m. <b>Music with Maryanne Cunningham-Holst— 2 p.m.</b>	<b>27</b> Ice Cream Treats --2 p.m.	
<b>28</b> T.V. Church — 10 a.m.	<b>29</b> 1-1 Visits Men's Coffee—9am Fun & Fitness –10a.m. Bingo – 2 p.m.	<b>30</b> 1-1 Visits Seniors Wellness Music with Kim- 2 p.m.	<b>31</b> 1-1 Visits Seniors Wellness Tic Tac Toe Exercises- 10 a.m. <b>Music with Dave Schmidt – 2 p.m.</b>				<b>HAPPY BIRTHDAY, CANADA!</b>

