

OCTOBER 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|--|--|
| | | 1 1-1 Visits Senior Wellness Birthday Party with Doug French—2 p.m. | 2 1-1 Visits Senior Wellness Church Service & Communion with Rev. Jeff -10 a.m. Residents' Council --2 p.m. | 3 1-1 Visits Seniors Wellness Tic Tac Toe Exercises -10 a.m. Information Session with Elections Canada— 2 p.m. | 4 1-1 Visits Seniors Wellness Strengthening Class - - 10 a.m. Music Therapy with Dana in a.m. & Karaoke -2 p.m. | 5 Ice-Cream Parlour— 2 p.m. |
| 6 Pastor M. Hutchison —2 p.m. | 7 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness – 10 a.m. Bingo – 2 p.m. | 8 1-1 Visits Senior Wellness Hymn Sing -10 a.m. Foot Spas with Debbie and Friends-- 2 p.m. | 9 1-1 Visits Senior Wellness Bus Outing to see the Fall Colours 10-11:30 a.m. | 10 1-1 Visits Seniors Wellness Geri Fashions 10 am – 3 pm | 11 1-1 Visits Senior Wellness Strengthening Class - 10 a.m. Oktoberfest Party with Steve & Martina Hayward -- 2 p.m. | 12 Retro Showtime – 2 p.m. |
| 13 Gorrie Bible Fellowship-- 2 p.m. | 14 Men's Coffee – 9 a.m. Thanksgiving Day | 15 1-1 Visits Senior Wellness Pepper with Darlene Harding & Friends —9:30 a.m. Local Vocals--2 p.m. | 16 1-1 Visits Senior Wellness Tic Tac Toe Exercises- 10 a.m. Readings with Gail --2 p.m. | 17 1-1 Visits Seniors Wellness Howick Diners Manicures--2 p.m. | 18 1-1 Visits Senior Wellness Strengthening Class -10 a.m. Baking-- 2 p.m. | 19 Ice-Cream Parlour – 2 p.m. |
| 20 Pastor J. Rinas – 2 p.m. | 21 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness-- 10 a.m. Bingo – 2 p.m. Federal Voting Day (Residents' Voting Polls open from 9:30 a.m.- noon) | 22 1-1 Visits Senior Wellness Hymn Sing -10 a.m. Pastoral Care Week Come & Go Tea— 2 – 3:30 pm | 23 1-1 Visits Senior Wellness Tic Tac Toe Exercises- 10 a.m. Family Council Meeting —2 p.m. Pub with Al Crawford – 7 p.m. | 24 1-1 Visits Seniors Wellness Cards & Games —2 p.m. | 25 1-1 Visits Senior Wellness Strengthening Class -10 a.m. Halloween Craft-2 p.m. | 26 Music with Leavin' Tracks —2 p.m. |
| 27 Pastor K. Reinhardt -- 2 p.m. | 28 1-1 Visits Men's Coffee – 9 a.m. Fun & Fitness – 10 a.m. Bingo—2 p.m. | 29 1-1 Visits Senior Wellness Music with Kim Lowry --2 p.m. | 30 1-1 Visits Senior Wellness Tic Tac Toe Exercises- 10 a.m. BIG Floor Game – 2:00 p.m. | 31 1-1 Visits Seniors Wellness Halloween Party with Jeff and Friends – 2:00 p.m. | Always check to make sure there are no cancellations or changes at the last minute if planning to join us for a special program. Contact Barb Wakeford at 519-335-3168 for information on programs. | |