

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Restorative exercises daily either in the a.m. or p.m. depending on programs in place. Always check to make sure there are no cancellations or changes at the last minute if planning to join us for a special program.</i></p>					<p>1 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Music Therapy with Dana in a.m. & Afternoon Karaoke at 2 p.m.</p>	<p>2 Pet Therapy Visits with Kim & Myra—1:30 p.m. Retro Showtime — 2 p.m.</p>
<p>3 Listowel Christian Reform Church --2 p.m.</p>	<p>4 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness-10 a.m. Bingo -2 p.m.</p>	<p>5 1-1 Visits Senior Wellness Birthday Party with Doug French -2 p.m.</p>	<p>6 1-1 Visits Senior Wellness Church Service/Communion with Rev. J. Hawkins —10 a.m. Residents' Council-2 p.m.</p>	<p>7 1-1 Visits Seniors Wellness JBS Fashion Sale 11-3 p.m.</p>	<p>8 1-1 Visits Seniors Wellness Strengthening Class —10 a.m. Remembrance Day Service with Rev. J. Hawkins & Legion Members -2 p.m.</p>	<p>9 Pet Therapy Visits with Kim & Myra—1:30 p.m. Afternoon Movie —2 p.m.</p>
<p>10 Gorrie Bible Fellowship -2 p.m.</p>	<p>11 Two Minutes of Silence at 11 a.m. Remembrance Day</p>	<p>12 1-1 Visits Senior Wellness Hymn Sing—10 a.m. Foot Spas with Debbie and Friends—2 p.m. Markham Mennonite Choir—7:15 p.m.</p>	<p>13 1-1 Visits Senior Wellness Tic Tac Toe Exercises --10 a.m. Listowel Christian Reform Church Ladies Visits--2 p.m.</p>	<p>14 1-1 Visits Seniors Wellness Memorial Service for B. Thomas-2 p.m.</p>	<p>15 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Reminiscing --2 p.m.</p>	<p>16 Pet Therapy Visits with Kim & Myra—1:30 p.m. Retro Showtime — 2 p.m.</p>
<p>17 Pastor J. Rinas -2 p.m.</p>	<p>18 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness-10 a.m. Bingo-2 p.m.</p>	<p>19 1-1 Visits Senior Wellness Pepper with Darlene Harding & Friends— 9:30 a.m. Local Vocals-2 p.m.</p>	<p>20 1-1 Visits Senior Wellness Tic Tac Toe Exercises --10 a.m. Readings with Gail --2 p.m. Pub with The Haywards--7pm</p>	<p>21 1-1 Visits Seniors Wellness Howick Diners Manicures -2 p.m.</p>	<p>22 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Music with Cathy Kempert-2 p.m</p>	<p>23 Pet Therapy Visits with Kim & Myra—1:30 p.m. Afternoon Movie --2 p.m.</p>
<p>24 Pastor K. Reinhardt - 2 p.m.</p>	<p>25 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness-10 a.m. Bingo—2 p.m.</p>	<p>26 1-1 Visits Seniors Wellness Hymn Sing-10 a.m Kim Lowry entertains —2 p.m. Cedarvale Youth Choir— 7:30 p.m.</p>	<p>27 1-1 Visits Tic Tac Toe Exercises --10 a.m. Movie—2 p.m.</p>	<p>28 1-1 Visits Seniors Wellness Residents' Council Christmas Tea, Silent Auction & Bake Sale Fundraiser—2-3:30 pm</p>	<p>29 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Howick Maple School Visits —2:30 p.m.</p>	<p>30 Pet Therapy Visits with Kim & Myra—1:30 p.m. Retro Showtime — 2 p.m.</p>