

JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Restorative exercises daily either in the a.m. or p.m. depending on programs in place. Always check to make sure there are no program cancellations or changes at the last moment. Please call Barb Wakeford 519-335-3168 for more information on programs.</i></p>			<p>1 Movie-2 p.m.</p> <p>NEW YEAR'S DAY!</p>	<p>2 1-1 Visits Seniors Wellness Resident's Council Meeting - 2 p.m.</p>	<p>3 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Music Therapy with Dana & Karaoke--2pm</p>	<p>4 Pet Therapy visits with Kim & Myra —1:30 p.m. Retro Showtime — 2 p.m.</p>
			<p>5 Pastor Rinas 2 p.m.</p>	<p>6 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness -10 a.m. Bingo -2 p.m.</p>	<p>7 1-1 Visits Senior Wellness Pepper with Darlene & Friends—9:30 a.m. Birthday Party with Doug French -- 2 pm</p>	<p>8 1-1 Visits Senior Wellness Church/Communion with Rev. J. Hawkins —10 a.m. Movie--2 p.m.</p>
<p>12 Gorrie Bible Fellowship — 2 p.m.</p>	<p>13 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness -10 a.m. Bingo -2 p.m.</p>	<p>14 1-1 Visits Senior Wellness Hymn Sing -10 a.m. Word Scramble — 2 p.m. Markham Mennonite Choir -7:15 p.m.</p>	<p>15 1-1 Visits Senior Wellness Tic Tac Toe Exercises --10 a.m. Music with Take One (Dave Schmidt)-2 p.m.</p>	<p>16 1-1 Visits Seniors Wellness Howick Diners Manicures—2:15 p.m.</p>	<p>17 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Wine & Cheese Social--2 p.m.</p>	<p>18 Pet Therapy visits with Kim & Myra —1:30 p.m. Retro Showtime — 2 p.m.</p>
<p>19 Woodlawn Singers --3 p.m.</p>	<p>20 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness -10 a.m. Bingo -2 p.m.</p>	<p>21 1-1 Visits Senior Wellness Local Vocals--2 p.m.</p>	<p>22 1-1 Visits Senior Wellness Tic Tac Toe Exercises --10 a.m. Travelogue-- 2 p.m.</p>	<p>23 1-1 Visits Seniors Wellness Hawaiian Luau with Maryanne Cunningham-Holst —2 p.m.</p>	<p>24 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Trivia --2 p.m.</p>	<p>25 Pet Therapy visits with Kim & Myra —1:30 p.m. Saturday Afternoon Movie— 2 p.m.</p> <p style="text-align: center;">Chinese New Year</p>
<p>26 Pastor K. Reinhardt --2 p.m.</p>	<p>27 1-1 Visits Men's Coffee—9 a.m. Fun & Fitness - 10 a.m. Bingo -2 p.m.</p>	<p>28 1-1 Visits Senior Wellness Hymn Sing--10 a.m. Music with Kim -2 p.m.</p>	<p>29 1-1 Visits Tic Tac Toe Exercises --10 a.m. Reminiscing—2 p.m. Pub with Al Crawford --7p.m.</p>	<p>30 1-1 Visits Seniors Wellness Cards & Games— 2 p.m.</p>	<p>31 1-1 Visits Senior Wellness Strengthening Class —10 a.m. Baking--2 p.m.</p>	